



YOU ARE THE ANSWER



WE ALL ARE DEEPLY AFFECTED BY THIS DISEASE. WHEN WE TAKE SERIOUS, BIG ACTION, WE CAN DEFEAT IT! REGISTER NOW.

A Sister's Hope stands alone with one focus

These days, it can be difficult to determine which charity or charity event you should partner with. The number of non-profit organizations and worthwhile causes is almost overwhelming. Here is how you can choose where your time, efforts and money should go.

- I. Which cause is closest to your heart, or directly affects those you love?
- 2. Which charity is supporting that cause in a way that will have the quickest and most dramatic impact?
- 3. Is the charity spending funds efficiently and wisely?
- 4. Is the charity focused on one goal and can you see exactly where the funds are being used, or does money go to a "general fund"?
- 5. How long do funds sit in the charity's account before being put to good use?

If breast (continued on next page)



SAFETY & CLEANUP CREW



CHECK-IN TEAM



ROUTE SUPPORT

A Sister's Hope focus: helping researchers find a cure

(Continued from page one)

cancer research to identify better treatments and a cure are the primary interests that get you involved, the only choice is partnering with A Sister's Hope. That's what we do. That's why we exist. Our motto from the very beginning has been:

"Dedicated to raising significant funding for breast cancer research; committed to helping individuals realize their own power to make the world what we dream it can be."

A Sister's Hope produces events to get people active and involved in the fight against breast cancer. The priority is saving lives, and we do that by helping researchers move as quickly as possible with their work. Project funding proposals are prioritized early in the year. When the total amount raised for the year is determined after the main event - A Sister's Hope 60K Walk in

October - funding begins flowing to the research teams as early as December.

We don't get tied down with red tape. We don't believe in it, and we know it only delays research that possibly could save the life of someone you love.

We believe in urgency. Every day that we draw closer to a cure could save the lives of 41 people who are diagnosed with breast cancer EVERY DAY in The Netherlands. This year, more than 15,000 people in Holland will get that diagnosis. Will it be someone you know? Someone you love? Will it be you? A Sister's Hope is focused on saving lives: yours and those you love.

Every year, we have walkers who are walking for their lives, whose breast cancer is too advanced for further treatment. They need you!

Go to the website at ASistersHope.nl and register today.

SNAPSHOTS



JOKE DE KRUIJF



LUNCH CREW



SURVIVING/WALKING



PIT STOP DAY 2











Idea for your dentist!

Since 2008, our EDM dental practice in Koedijk has collected old tooth gold for a non-profit organization that supports researchers who are looking for a cure for breast cancer. With the gold collection, we have in the past four years been able to give 85,000 euro to the organization to help fund those researchers.

In the area of Alkmaar, The Netherlands, our action is well known now and tooth gold donations come from many dentists, periodontists, implant specialists and oral surgeons from Alkmaar, Den Helder and Hoorn. Also enthusiastic about the project is a tooth specialist in Langedijk. Elephant Dental, in Hoorn, supports the action with free refinement of the gold.

Breast cancer affects almost every dental office. A dental practice is composed of many women (dentists, assistants, hygienists, receptionists, etc.) and there of course are the female clients and everyone whose family, friends or coworkers are confronted with the diagnosis of breast cancer.

In collecting the tooth gold, we are able to make an important contribution to the cause without asking patients for money. In our practice, we give the client a choice when removing their tooth gold: they can keep the gold themselves, give it to the Red Cross, or to A Sister's Hope for breast cancer research. For further information, you can contact me at:

Website EDM Tandartsen
www.edmtandartsen.nl/
Weblog Team Piece of Cake www.team-pieceof-cake.blogspot.nl/

"The gold from tooth crowns no longer is wasted and now can help breast cancer research, A Sister's Hope." - Marco Gresnigt, dentist

With kind regards Erik de Maijer, dentist





ABRI

THE 2013 EDITION OF THE BUS STOP POSTER "ABRI" WILL BE ON DISPLAY BEGINNING IN EARLY APRIL. FIRST SIGHTINGS WILL BE IN DEN HELDER, FOLLOWED BY LEEUWARDEN, GRONINGEN AND NIJMEGEN. THE POSTERS ALSO WILL BE SEEN IN DEN HAAG, ROTTERDAM, AMSTELVEEN AND AMSTERDAM.



LUCIENNE

LUCIENNE VAN GEERESTEIN, WHO HAS WALKED ALL SIX YEARS OF A SISTER'S HOPE 60K, WAS IN AN ACCIDENT ON FEB. 10 AND REMAINS IN SERIOUS CONDITION. NOTES CAN BE SENT TO INFO@ASISTERSHOPE.ORG AND WILL BE FORWARDED TO HER FAMILY. PLEASE PUT "LUCIENNE" IN THE SUBJECT LINE.

